**P1 A Letter to My Love, Badminton**

**I.**

1.期待；盼望

2.向……敞开你的门

3.喘不上气；气喘吁吁

4.停止；中断

5.言行一致

**II.**

1.breathe

2.pursuit

3.disappointed

4.explanation

5.preparations

**III.**

1-4 BCBB

**IV.**

1. No matter how tired I am, badminton always welcomes me back with open arms.

2. Even if I don’t sleep well, I’ll always make time for badminton practice.

**P2 The Art of Being an Artist — a Speech by Lennora Esi**

**I.**

1.靠……过活

2. 遭到怜悯

3. 入土（用来比喻死亡，因为传统上西方国家坟墓的深度约为六英尺）

4. 把知识传授给他人

5.表现自己

6. 陷入一种……的处境

7. 归结为……

8. 按自己的步调

**II.**

1. emotional

2. struggling

3. complicated

4. emerged

5. attain

6. rush

**III.**

1. a clear career path

2. varied/hard to explain

3. showing off and competition

4. passion

5. personal expression/self-expression

6. at your own pace

**IV.**

1. You can be an artist as long as you have a passion for art.

2.If you’re creative and enjoy expressing yourself, chances are you could excel in a career in the arts.

**P3 Is Journalism Right for You?**

**I.**

1. 渴望做某事

2. 成败攸关的品质

3. 弄清事情的真相；打破砂锅问到底

4. 导致

5. 愿意做某事

6. 大体上；一般来讲

7. 看透；识破

8. 讲得通；言之有理

**II.**

1.curious

2.persist

3. explanation

4. commit

5. analysis

6. completely

7. assumed

8. mysterious

**III.**

1. the bottom of everything

2. the truthfulness of everything and everyone

3. the full truth

4. difficulties and obstacles

5. learn

6. criticized by others

**IV.**

1. Curiosity, persistence, and humility are what it takes to excel in journalism.

2. It’s up to journalists to discover the truth of the accident and report truthfully.

**P4 How I Finally Stopped Feeling Ugly**

**I.**

1.放弃对……的执念

2. 塑造某人的生活

3. 被某事驱使

4. 对某事物的掌控

5.与某事物和平相处

6.把A根植于B之中

**II.**

1. entirely

2. imagination

3. purchases

4. concepts

5. comment

**III.**

1-4 DDBC

**IV.**

1. Finding peace with my uniqueness, I started to redefine my standards of beauty.

2. A true friend will always be there to support you, regardless of your physical appearance.

**P5 How Keeping a Food Diary Has Improved My Life**

**I.**

1.试一试

2.三思；再三考虑

3.把责任归咎于……

4.远离……；与……保持距离

5.至少

**II.**

1.Physical

2.suggestions

3.responsible

4.complete

5.healthy

**III.**

1-4 DCBD

**IV.**

1. I used to think keeping a food diary was a waste of time, but later I realized that it made a lot of sense to me.

2. As much as I resisted, I decided to try food journaling for a month.

**P6 It’s Time to Rethink Screen Time**

**I.**

1. 停下来想一想

2. 一个很重要的因素

3. 平均

4. 对……的积极影响

5. 与……互动

6. 回顾；审视

7. 积极地影响了我的人生观

8. 减少几个小时

**II.**

1. impact

2. grateful

3. application

4. recognize

5. encountered

6. content

7. interaction

8. evaluated

**III.**

1. excessive/too much screen time

2. less time is left for other activities

3. children’s behavior and mental health

4. cut down/shorten

5. do not involve screens

**IV.**

1. Smartphones and tablets are here to stayand have become essential tools in our daily lives.

2. I didn’t realize how much fun face-to-face interaction could be until I spent an afternoon with my friends.

**P7 Frustration and Failure Fuel Dyson’s Success**

**I.**

1. 使他满意；达到他的预期

2. 谈及……

3. 失去控制

4. 违背他的意愿

5. 在某个阶段

6. 失败的开端

**II.**

1. determines

2. launched

3. potential

4. adapt

5. inspired

**III.**

1-4 ADCC

**IV.**

1. It occurred to him that the product’s elegance came not from its styling but from its engineering.

2. Despite the difficulties, he was determined to create his own project.

**P8 Seeing the World Through Kids’ Eyes**

**I.**

1. 代表

2. 朝某物看去（尤指首次或带有特定感情或目的地观看）

3. 不同于他们父母的视角

4. 让我们了解……

5. ……的全景

6. 被……所吸引

7. 他大部分的精力

**II.**

1. represents

2. appreciating

3. declared

4. benefit

5. marvel(l)ed

**III.**

1-4 CDAC

**IV.**

1. His parents think he is too young to understand the history behind the statue.

2. Unlike most people, he prefers to explore a new city by visiting its museums.

**P9 AI to Help Save Lives**

**I.**

1. 出于对……的担忧

2. 认为……能做某事

3. 寻找

4. 进一步地

5. 跟踪他们的心理健康状况

6. 取代人与人之间的互动

**II.**

1. replaced

2. stressed

3. concerned

4. detected

5. approach

**III.**

1-4 CBDA

**IV.**

1.Parents should be aware of their kid’s changes in mood before it’s too late.

2. She stresses (that) technology can help us in many ways but it can never replace human interaction.

**P10 When You Have No Motivation to Do Anything**

**I.**

1. 反过来；相应地

2. 对我们自己过于苛刻

3. 强迫自己采取行动

4. 面对心理斗争

5. 找到问题的根源

6. 贸然断定

7. 摆脱

8. 采取一些积极的行动

**II.**

1. pressure

2. replaced

3. lack

4. trap

5. shift

6. motivate

**III.**

1-4 DAEC

**IV.**

1. Rather than blaming yourself for being lazy, try to understand why you lack motivation.

2. The more you focus on negative emotions, the more difficult it becomes to shift your attention to something else.

**P11 Gen Z Are Turning Their Backs on “Prestigious” Jobs**

**I.**

1.背弃某事物

2. 在一个高度竞争的行业找到工作

3. 最终从事银行投资业

4. 被……所吸引

5. 重视某事物

6. 选择某事物

7. 作为副业

8. 提升技能

**II.**

1.security

2. emphasis

3. autonomous

4. financial

5. passionate

6. relevance

**III.**

1. a prestigious career

2. financial success

3. aligns with

4. 64%

5. career growth

**IV.**

1.What has traditionally been considered to be a typical 9-to-5 job is becoming less common.

2. Many Gen Zers define a meaningful job as one that aligns with their values.

**P12 A Day in the Life of a Food Delivery Robot**

**I.**

1.打卡上班

2.与某人一起消磨时间

3.查看；观察

4. 给……装货

5.展示；表现

6.减速停下

**II.**

1. faithfully

2. routes

3. spare

4. signal(l)ed

5. Alerted

6. gather

**III.**

1-4 BBCD

**IV.**

1. With the software updates,we are on track to offer more efficient and user-friendly services.

2. My path to the hall was blocked by a line of travelers checking in.

**P13 The Wonderful Power of France’s Long Loaf**

**I.**

1. 在许多人心目中

2. 凌驾于一切之上

3. 不需要深思熟虑

4. 容易的决定；易如反掌

5. 正是所需要的；合口味

6. 活在当下

**II.**

1. equivalent

2. defend

3. acquired

4. Consuming

5. react

**III.**

1-4 DDDC

**IV.**

1. As much as I love the convenience of fast food, I understand the importance of maintaining a healthy diet.

2. What’s most special about a baguette is that it requires us to live in the moment.

**P14 Huang Yongyu: A Seasoned Artist With a Childlike Heart**

**I.**

1.由于

2. 贫寒出身

3. 谋生

4. 在国内外

5. 这位自学成才的大师

6.有意愿做某事

**II.**

1.uniqueness

2. sincerely

3. convey

4.publication

5. literature

6.repetition

**III.**

1-4 BCDD

**IV.**

1. Hecan find joy in the little moments of life no matter what challenges he faces.

2. As a beginner in art, I always try to find someone to learn from.

**P15 Spicy Guizhou Province: How to Eat Like a Local**

**I.**

1. 鲜为人知

2. 利用当地的传统烹饪

3. 构成

4. 包裹

5. 单独地

6. 成堆新鲜蔬菜

**II.**

1. similarity

2. development

3. essential

4. remote

5. handle

**III.**

1-4 CACC

**IV.**

1. What I love most about Guizhou is its beautiful natural landscapes and delicious food.

2. Japanese sushi rolls are a close cousin of the Korean kimbap, both consisting of rice and fillings wrapped in seaweed.

**P16 What’s Behind a House Fire**

**I.**

1.拖欠（付款）

2.作出反应；响应

3.放火

4.（做坏事而）未受惩罚

5.具有广泛的影响

6.利用

7.被捕入狱

**II.**

1.permission

2.decorated

3.imagination

4.profitable

5.invested

**III.**

1-4 DBDA

**IV.**

1. As was ruled by the judge, she could be released from jail.

2. By the time I arrived, rumors about the fire had already spread throughout the community.

**P17 A Brief History of the Beloved Bagel**

**I.**

1. 进入主流市场

2. 一个有创新精神的家庭

3. 推广他们的品牌

4.一个价值数十亿美元的行业

5. 减少碳水化合物摄入

6.锻炼下颌肌肉

**II.**

1. fiercely

2. horrible

3. delightful

4. suffering

5. narrow

6. addiction

**III.**

1-4 CABB

**IV.**

1.Legend has it that spaghetti was brought to Italy by Marco Polo from his travels in China.

2.Despite my Italian friend’s strong criticism, I prefer pineapple on my pizza.

**P18 Screening Movies for Those Who Can’t See**

**I.**

1. 独一无二的影院

2.首选的场所

3. 渴望做某事

4. 对……日益高涨的呼声

5. 详细地

6. 由……组成

**II.**

1.multiple

2.permit

3.inspiring

4.established

5.analysis

6.fulfill

**III.**

1-4 ADBC

**IV.**

1.Open communication is key when it comes to understanding the needs of the disabled community.

2.As of last year, there were over a billion people worldwide with disabilities.

**P19 The Lonely Americans**

**I.**

1.强调个人主义

2.请求；要求

3.声音的海洋

4.追求；寻求

5.社区意识

6.弄清楚

**II.**

1.communicate

2.deliver

3.precise

4.emphasize

5.declarations

**III.**

1-4 DCDD

**IV.**

1. For the purposes of experiencing the loneliness of isolation from the world, he moved to that deserted island.

2. Even though loneliness is not considered a disease, a timely intervention should still be taken.

**P20 A Brief History of Chatbots**

**I.**

1. 出现

2. 尝试做某事

3. 执行，进行

4.冒险做某事

5. 在个体层面

6. 参与对话

**II.**

1. employed

2. typical

3. limitations

4. extension

5. adopting

**III.**

1-4 ADDC

**IV.**

1. For all its initial high costs, it didn’t take long for the technology to become more accessible to the general public.

2. The online tool’s popularity rose to the point that it had to introduce a mobile application.

**P21 A Tip Too Far?**

**I.**

1.从坏处想；在最坏的情况下

2.对做某事感到厌倦

3. 暴露；显示

4.补足差额；弥补差距

5.使某人处于危险中

6.柜台服务式餐厅

**II.**

1.frustration

2.complaint

3.expectations

4.ignorance

5.frequent

**III.**

1-4 CADB

**IV.**

1. At the very least, tips can slightly increase the income of service personnel regardless of the amount.

2. I take pride in tipping generously at restaurants, which can help workers with lower wages.

**P22 Print Journalism Cannot Fade Away**

**I.**

1.逐渐消失

2.报摊；报亭

3.近在手边；随时可供使用

4.随时；始终

5.对……感到厌倦

6.赞同；支持

7.让公众了解时事

8.掌握在公众手中

**II.**

1.dedicated

2.accurate

3.exist

4.constantly

5.accessible

6. introduced

7. consideration

8. appreciation

**III.**

1. old-fashioned

2. reading the newspaper

3. accessing news

4. the accuracy of journalism

5. cannot fade away

6. the rule of accuracy

**IV.**

1. Despite the dominance of digital media, some people still value the touchable experience of printed publications.

2. When I was a child, my grandfather would always accompany me to read newspapers as long as he had free time.

**P23 Pickleball Is What America Needs**

**I.**

1.了解清楚；查实

2.在增长

3.参与；参加

4.换言之；换句话说

5. 在当地范围内

6. 挥棒尝试击球（文中表示尝试采取某种行动，即使成功不是完全有保障的）

**II.**

1.universally

2.worthy

3.treatment

4.participation

5.appeal

**III.**

1-4 ECAB

**IV.**

1. The sports movie’s ticket sales add up to 50 million dollars and counting.

2. Pickleball is worth promoting for its social and health benefits.

**P24 The Thrill of the Old**

**I.**

1.减少；削减；缩减

2.出于需要

3.善事；慈善事业

4.处于劣势；吃亏

5.引起；导致

6.一时兴起的消费

**II.**

1.committing

2.attached

3.improvement

4.confidence

5.frequency

**III.**

1-4 BAAB

**IV.**

1. These secondhand goods either come from offline vintage shops or from online shopping platforms.

2. Because of financial need, people start selling rather than donating unwanted clothes.

**P25 On a Solo Trip Through Yunnan Province**

**I.**

1.省会

2. 过桥米线

3. 把我带回童年时光

4. 特意做某事

5. 寻求

6. 敬畏地

**II.**

1. border

2. burst

3. stretched

4. diverse

5. original

6. hints

**III.**

1-4 CCDD

**IV.**

1. Beijing is where you can explore the rich history of ancient China.

2. Regardless of where I go, I focus on enjoying the journey itself.

**P26 This Is Why We’re Afraid of Clowns**

**I.**

1. 害怕……

2. 普遍公认的现象

3. 由于缺乏针对性的研究

4. 开始研究

5. 在某种程度上

6. 充分解释……

**II.**

1. frightened

2. sufficient

3. reminded

4. indicate

5. threat

6. predict

**III.**

1-4 CAFB

**IV.**

1.Are you afraid of clowns? If so, have you ever wondered why?

2. Not being able to understand a clown’s emotional intent puts us on edge when we see them.

**P27 Genetically Modified Trees to Capture Carbon**

**I.**

1.鳞次栉比的……；一排又一排的……

2.能够做某事

3.分解

4.在现实世界中

5.矿业废弃地

**II.**

1.locate

2.reduction

3.similarities

4.succeeded

5.energetic

**III.**

1-4 AEDF

**IV.**

1. The company has yet to prove the effectiveness of their genetically modified trees in capturing carbon.

2. Many people have doubts about genetically modified foods. Still, it’s not necessary to turn pale when talking about them.

**P28 Social Media, a Brain-Changer?**

**I.**

1. 收到……的反馈

2. 随着时间的推移

3. 为……做好准备

4. 一个频繁使用社交媒体的时期

5. 导致

6. 更深入地与人联系

**II.**

1. addicted

2. advised

3. adapt

4. separate

5. sensitive

6. frequency

**III.**

1-4 CCBC

**IV.**

1. Social media is filled with information that is inaccurate or deliberately designed to mislead people.

2. It is not clear whether greater sensitivity to social feedback is a good or bad thing.